



Windham Soccer Association

P.O. Box 333 Windham NH 03087

www.windhamsoccer.org

Dear Windham Coaches:

Welcome and thank you for volunteering to coach one of the age groups for Windham Recreational Soccer. Here is a brief overview.

Getting Started

- Please make sure you have received your coaches' packet, uniforms and equipment bag.
- Please note that team schedules and roster are available on-line. Coaches and parents should be receiving an administrative code to access their information.

Team Assignments

The teams have been assigned and can be viewed on-line. There are no roster swaps at this point. We tried to honor as many requests as possible during the initial registration period. If there are any late additions, you will be contacted with the player's information. If any players show up that you do not have on your list, please let me know as soon as you can. Should any parents have questions or concerns, please direct them to your division coordinator/VP of Recreation

Team Uniforms

Each team has 2 coach's shirts and player shirts. Shin pads are mandatory for players at both practice and games and referees will be checking for proper attire. Cleats should be worn for U8 and above and are highly recommended for U6 as well. Medical kits, ice packs, scrimmage vests ("pinnies"), cones, hand air pump and balls are included with your equipment. All players should come to practice with a water bottle or sports beverage as well – proper hydration and regular water breaks are important.

Jewelry

Please note that no jewelry of any kind is allowed during WSA play. This includes: necklaces, earrings, rings and headgear. Please note this also included newly pierced ears. Covering the ears with band-aids or tape is not allowed.

Practice and Game Schedules

The practice and game schedules are available on-line. Be sure to verify your team assignments and practice times. Weekly reminders will go out automatically.

Please remember to have players and parents pick up after themselves after each game and practice. Be respectful of our fields. In periods of inclement weather please take appropriate precautions when and if using a field. All practices do not have to take place in front of the goalmouths.

Referee Payment

Each head coach will receive a check for the total amount of the season's official payments. Each coach will be responsible for paying the official prior to the start of the game. See attached sheet for amounts.

Injury Reports

Please e-mail if any of your players are injured during a game or practice. While we like to be aware of any ice packs or first aid distributed, we are most concerned with serious injuries. If a child is seriously hurt, please get the parents and call 911 for medical attention.

Inclement Weather

Remember, this is soccer, which does play in the rain. Unless there are thunderstorms and lightning in sight the game should go on.

IMPORTANT: If thunder or lightning occurs, coaches should evacuate the field (players should move to their cars with their parents), and play or practice may NOT resume for 30 minutes after the last thunder or lightning. If more thunder or lightning occurs, that clock resets. There are no exceptions to this policy as the children's safety is the number one priority. In most cases, thunder or lightning will typically signal the end of a practice or game. If a game is ended due to thunder or lightning, please be sure to let the division coordinator/VP of Recreation know. Please be sure any youth referees are safe as well.

If field conditions are an issue, practice or games may be canceled. Otherwise, we ask that you please use your best judgment - safety must come first! Again, if you cancel a game please notify your division coordinator/VP of Recreation who will notify the referees.

Thank You

Jamie Manti
VP Recreation Soccer
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**RECREATIONAL SOCCER
AGE GROUP INFORMATION**

<i>Update 9/4/15</i>	U6	U8	U10	U12	U15/U18
Format	4v4	6v6	6v6	8v8	11v11
Ball Size	3	3	4	4	5
Center Referee	Parent/Coach	\$20	\$20	\$30	\$40
AR (2)	n/a	--	--	\$20 each	\$25 each
Duration	30 min Running	4 x 10 min.	4 x 12 min.	2 x 30 min.	2 x 40 min.
Halftime	n/a	5 min.	5 min.	5 min.	10 min.
Throw-ins	3	2	1	1	1
Coach on field?	1 per team	1 per team	No	No	No
Offsides?	No	No	No	Yes	Yes
Penalty Kicks	None	None	10 yards out; players besides the kicker and goalkeeper must be 8 yards from the penalty mark	10 yards out; players besides the kicker and goalkeeper must be 8 yards from the penalty mark	12 yards out; players besides the kicker and goalkeeper must be 10 yards from the penalty mark
Distance from kicks	4 yards	4 yards	8 yards	8 yards	10 yards
Distance from throw-ins	2 yards	2 yards	2 yards	2 yards	2 yards
Other	No cards (may have a player sit out for a while). All fouls are Direct Kicks. No sliding tackles.	No cards (may have a player sit out for a while). All fouls are Direct Kicks. No sliding tackles.	No sliding tackles		